

NONPROFIT FRAUD

HOW GOOD ARE YOUR INTERNAL CONTROLS?

By HERBERT SNYDER, MARGARET ANDERSEN, AND JILL ZUBER

This article is based on a study funded by the IMA® Research Foundation



onprofit organizations have become an increasingly large force in the economy of the United States. In 2012, U.S. nonprofits employed more than 10% of the workforce, contributed an estimated \$887.3 billion to the U.S. economy, and administered contributions in excess of \$335 billion. Despite their size and economic

importance, anecdotal evidence suggests that the management structure of nonprofits may contribute to weaker internal controls and, in turn, a greater risk of fraud and financial misconduct.

Yet while fraud in nonprofits has received increased attention during the past 10 years, the organizations remain an understudied population in the context of internal controls and fraud. More specifically, a majority of research dealing with fraud in nonprofits has focused on the victim organizations. While such research is valuable, the question of whether the organizations that experienced fraud are different in some significant way from those that, thus far, have escaped it is still unanswered. This isn't a trivial question. Nonprofit organizations commonly view fraud as a matter of misfortune. The conventional wisdom of fraud prevention and auditing strongly disputes this view, but empirical evidence is needed to convince some organizations otherwise.

The aim of our research is to better understand the nature of internal controls in nonprofits and how those controls affect the incidence of fraud. The research can provide benefits to nonprofits either by identifying best practices in nonprofit internal controls and promoting their use or by identifying existing weaknesses in nonprofit internal controls.

FRAUD IN NONPROFIT ORGANIZATIONS

Numerous studies over the last decade point to increases in both the frequency and severity of fraud in organizations of

EASY CONTROLS

Many smaller organizations, particularly those run by volunteers, don't have the resources to allow for the rigorous segregation of duties that deter fraud. Given that, there are some common-sense, low-cost controls that most organizations can implement:

Pay attention. Most frauds are simple and easy to discover. The perpetrators get away with them only because most people who should be involved never even bother to look.

Recognize that your organization could be a victim. Many charities fall victim to magical thinking, believing that their charitable mission protects them from crime and that their employees answer to a higher calling that prevents them from stealing. Perhaps in some cases, but need and greed frequently overcome a charitable mission.

Transparency. Fraud flourishes in the dark. An organization that keeps its contributors and members informed of where their money goes is one in which it is difficult to perpetrate fraud. Regular reports of monies received and spent that are distributed to members are a good curb on fraud.

Involvement. This is the complement to transparency. Members and donors should insist that the nonprofit keep them abreast of how much money is coming in and where it goes. Further, it isn't enough to get reports; members need to read them and be prepared to ask questions if things look odd. You don't need to be an accountant to recognize when costs aren't reasonable. Is your Little League group spending \$20,000/year to rent an office, with donations of only \$25,000? It's probably worth a closer look.

Spread the work. Nobody likes to keep records, but don't make it easy for someone to take over all the duties that surround collecting money and spending. Divide the duties among several members. Have several people count the money together and examine the bank statements. Let someone other than the treasurer make bank deposits.



As high as these numbers appear, they may still be misleading in understanding the damage that nonprofits suffer when they are victims of fraud. First, smaller organizations, such as most nonprofits, suffer disproportionately larger damages from their frauds even though the amounts are small when compared to the median. Second, the damage from fraud not only encompasses monetary losses but also damages employee morale, organizational reputation, and business relationships. This loss of reputation can be particularly devastating in the case of nonprofits that depend on their reputation and the goodwill of donors to raise revenue.

THE CULTURE OF NONPROFITS AND THE RISK OF FRAUD

In addition to the increased damage that fraud causes, nonprofits also face potentially greater risks of becoming victims. A wide range of studies have found that nonprofits may be at higher risk for the occurrence of fraud than for-profit organizations because of the nature of their mission and their management structure. For example:

Governing boards are often composed of volunteers who lack expertise in financial management.

Directors of nonprofits frequently lack the skills for effective financial management.

Daily financial management is frequently under the control of a single individual who isn't otherwise subject to the financial controls and oversight normally found in profit-making entities.

The organizational culture of nonprofits leads them to believe that their charitable purpose is sufficient to protect them against fraud.

Revenue streams are difficult to control or verify.

In light of the potential damages from fraud and the inherent risk that nonprofit culture creates, prudent management accountants would advocate for stronger internal controls to mitigate the risk. Research in nonprofit fraud suggests that the presence of internal controls influences losses and that many incidents of fraud could be prevented through the application of well-known principles of internal control.

OUR STUDY

Given the risk nonprofits face and potential gains from better internal controls, a key set of questions to consider is: Do nonprofits that experience fraud have internal controls that are different from those that don't experience fraud? Do they make appropriate improvements to their internal controls once the fraud has been uncovered?

In our study, we gathered data through an email survey sent to 501(c) (3) nonprofit organizations provided by GuideStar, a major information service that specializes in reporting on U.S. nonprofits. The sample was based on operating budget and included all the nonprofits in GuideStar's database with an email address and a budget greater than \$500,000. Thus we sent the survey to approximately 20,000 nonprofits. The survey yielded 1,396 usable responses, with 269 (19%) of the respondents reporting some type of fraud during the last five years and 1,127 (81%) reporting no instances of fraud.

The survey instrument was a modified version of one that was previously used for private indus-

MOST COMMON FRAUD CASES

The Association of Certified Fraud Examiners (ACFE) produces a biannual report of fraud throughout the world known as the *Report to the Nations*. The *Report* collects self-reported cases of fraud from ACFE members. Based on an analysis of 1,483 cases from more than 100 countries, the 2014 ACFE analysis identified fraud in **nonprofits as approximately 15% of all fraud cases**, with a median loss of \$108,000.

In the ACFE study, the most common frauds in nonprofits were:

35% CHECK TAMPERING

32.5% BILLING FRAUDS

32.5% EXPENSE REIMBURSEMENT FRAUD

30% CORRUPTION/ABUSES OF POSITION

Note that these add up to more than 100% as many organizations suffered more than one type of fraud.

FRAUD OCCURRENCES IN NONPROFITS

INCIDENTS	NUMBER OF INCIDENTS	AVERAGE LOSSES OF KNOWN OCCURRENCES	
Theft of cash	217	\$ 16,174	
Check fraud (including forgery)	118	9,888	
Abuse/fraudulent use of organization credit card	91	11,399	
Purchases for personal use	69	3,619	
Theft of inventory or supplies	68	3,686	
Falsifying payroll claims	51	9,108	
Theft of equipment	45	730	
False invoices or phantom vendors	43	13,114	
Falsification of financial statements	43	26,209	
Expense account abuse	31	6,153	
Conflict of interest	28	53,989	
Kickbacks	25	10,764	
Theft of computerized information	16	1,812	
Bid rigging and/or price cutting	1	N/A	
Product substitution	1	1,200	

try, cooperatives, and community health centers. Respondents who experienced fraud reported on:

- **1.** Methods of fraud,
- 2. Methods of detection,
- **3.** Existence and frequency of internal control practices (before and after the fraud),
- **4.** Total dollar losses,
- 5. Amount spent to improve internal controls, and
- **6.** Perceived vulnerability to fraud (at the time of the survey).

If the organization had no fraud, we asked the respondents to supply descriptions and assessments of internal control elements, which can be used to compare organizations that haven't experienced a crime to those that have. (An analysis of all the data collected by the survey is beyond the scope of a single article, so we focus on the frequency and nature of fraud, how nonprofits changed their internal controls after fraud, and how closely the new controls resemble those of nonprofits that didn't experience fraud.)

How Much Did the Fraud Cost?

The average dollar losses by method of fraud are summarized in Table 1. Note that the number of instances exceeds the number of respondents because many organizations experienced more than one type and one instance of fraud. As Table 1 shows, the most frequent fraud incident is the theft of cash, which has an average estimated loss of \$16,174. The second most frequent form of fraud is check fraud (including forgery), with an average loss of \$9,888 per incident. Conflict of interest occurs relatively infrequently yet has the largest reported average loss of \$53,989.

Were There Any Changes After the Fraud?

For organizations that reported fraud, a number of practices showed a statistically significant difference in frequency at the time of the fraud and currently.

Practices done more frequently after fraud occurred than before are:

- Check of employee references/job history
- Board review of individual expenses
- Board training in financial management
- Job rotation
- Vacation policies enforced
- Bonding of employees
- Review levels of bonding
- Physical security reviews
- Issuing of receipts for fines/fees
- Review of specifications for insurance quotes Practices done less frequently are:
- Presigning of checks
- Spending more than budget

A FAMOUS CASE

One of the most famous cases of nonprofit fraud in recent history involved **William Aramony, CEO of the United Way** for 22 years until his retirement in 1992 and subsequent indictment and conviction for fraud in 1995. Together with CFO Thomas J. Merlo and Partnership Umbrella President Stephen J. Paulachak, Aramony was indicted on 53 counts of fraud and was accused of embezzling more than \$1.2 million from United Way. The frauds ranged from altered expense reports to hide lavish trips to siphoning funds through a spin-off organization, United Way Partnership Umbrella.

It appears that Aramony was able to succeed in his relatively straightforward fraud from a combination of coopting his CFO and general inattention to his spending. All of Aramony's expenses were required to be approved by members of the board of directors, but this appears to have occurred rarely, if ever.

Members of the board also appear to have disregarded warning signs of irregularities when they received them. The then-chairman of the board for the United Way received an anonymous letter in 1990 warning that United Way was being looted from the inside. According to his testimony, he "asked around" to see if anyone had "heard anything." Hearing nothing, he dropped the matter.

The story ultimately became public, not through internal controls but through reporting by *The Wash*-



ington Post and *Regardie's* (a Washington business magazine). The Federal Bureau of Investigation (FBI), the Internal Revenue Service (IRS), and the U.S. Postal Service opened investigations, and Aramony was subsequently convicted of fraud and sentenced to seven years in prison.

The takeaway from this is that many frauds, even in major organizations, aren't very sophisticated. Catching Aramony's conduct wouldn't have required a deep knowledge of accounting, merely the will to look closely at how large sums of money were being spent and whether they seemed reasonable. In Aramony's case, if United Way had even rudimentary internal controls, or if the board of directors had performed its oversight duties, the fraud might never have taken place, or at least might have been caught early.

All the nonprofits that experienced fraud made at least some changes, though not every nonprofit adopted all of the internal control practices that were found to be significantly different. While the frequency with which fraud occurred is unfortunate, the willingness of the affected organizations to make changes in the wake of fraud is cause for optimism. In cases of fraud, it isn't unusual for the affected organizations to make no changes in internal control. This seems counterintuitive and self-destructive, but a common outcome of fraud is embarrassment at having been taken in by the fraudster. Thus organizations are frequently reluctant to admit that they have been victims. Since change can be seen as evidence that an error was made, they resist it as a face-saving measure. Many organizations not only don't make changes, but they fall victim a second time to the same weakness, such as still allowing one person to collect cash, record the amount, and reconcile the bank statements.

Have Internal Controls Changed Enough?

A second question concerning nonprofits that experienced fraud is whether they have strengthened their internal con-

trols enough. Unfortunately, we can't discuss the best method-performing assessments of internal controls in individual organizations-because of resource constraints and the anonymity of the organizations that responded. So we examined two proxy measures: How closely do the improved controls resemble those in nonprofits that didn't experience fraud, and have both categories of nonprofits made similar investments in internal control?

Comparing Nonprofit Internal Controls

A one-way analysis of variance (ANOVA) comparing the frequency of the financial practices in organizations with fraud vs. the organizations without fraud shows that there are two control practices that are still performed less frequently in organizations that have experienced fraud than in those without fraud. They are review of expenses by the board of directors and enforcement of vacation policies. And organizations that have experienced fraud perform two other controls more frequently than those that haven't. They are requiring multiple signatures on checks and job rotation.

The survey instrument doesn't examine causality

between the presence or absence of specific internal controls and fraud, but there's a strong logical connection between the two based on the literature of auditing and fraud prevention. First, the risk of occurrence for all the frauds that the survey examined can be mitigated by the internal control practices for which we collected information, whether singly or in combination. Second, all the practices were performed more frequently after the fraud occurred than before. Third, as we just mentioned, in only two instances were the practices performed less frequently than in organizations that didn't experience fraud, while two others were performed more frequently. Though individual nonprofits may still be at risk for fraud, overall they have adopted practices that deter fraud, and to a degree that makes them closely resemble nonprofits that escaped fraud.

Investment in Internal Control

Monitoring and assessing risk is an integral part of internal control. An organization's environment and objectives constantly change, so its internal controls must be adapted to these changes. In 2013, the Committee of Sponsoring Organizations of the Treadway Commission (COSO) released its updated *Internal Control–Integrated Framework* that companies could use for guidance in this area. (The original was released in 1992.) One measure of this is investment in internal control. We asked organizations that didn't experience fraud and those that did to provide their costs for improving internal control, both current and projected. The results are presented in Table 2.

Based on their investments, organizations with fraud have spent about as much on steps already taken to improve internal controls as organizations without fraud. Further, those that have had fraud plan, on average, to spend more on improving internal controls than those without fraud. The cause of higher future investment is unclear, although perceived risk may play a part, as Table 3 indicates.

Not surprisingly, a higher percentage of organizations that haven't experienced fraud don't feel as vulnerable as those that have had fraud. Similarly, organizations that have experienced fraud feel more vulnerable (3, 4, or 5) to fraud

COSTS OF IMPROVING INTERNAL CONTROLS AND PROTECTION OF ASSETS

	FRAUD	NO FRAUD
STEPS ALREADY TAKEN		
Cost	\$3,189,070	\$11,797,027
Count	149	543
Average	\$21,403	\$21,726
STEPS PLANNED		
Cost	\$1,307,659	\$2,737,936
Count	75	232
Average	\$17,435	\$11,801

than those that haven't. It's also interesting to note how the fraud was discovered. Table 4 reinforces the need for internal controls as almost one-third of the frauds were uncovered because of internal controls.

TAKE THE RIGHT STEPS

Organizations frequently resist efforts to improve their internal controls and to implement antifraud programs. They argue that fraud and abuse occur as the result of determined criminals. In other words, the organization had the misfortune to employ someone determined to commit fraud. The feeling may be particularly pervasive in nonprof-

PERCEIVED VULNERABILITY

(Percentages are in parentheses)

_	NOT AT ALL VULNERABLE 1	2	3	4	EXTREMELY VULNERABLE 5
NO FRAUD	270	658	152	19	5
	(24.5%)	(59.6%)	(13.8%)	(1.7%)	(0.5%)
FRAUD	20	154	64	20	4
	(7.6%)	(58.8%)	(24.4%)	(7.6%)	(1.5%)

HOW THE FRAUD WAS DISCOVERED

DISCOVERY METHOD	NUMBER OF DISCOVERIES
Internal controls (irregularities discovered due to routine maintenance of accounts)	161
Specific investigation by employees or management	120
Employee tip or inquiry	74
Internal audit procedures	41
By accident	40
Other	33
External audit procedures	15
Patron tip or inquiry	13
Specific investigation by third party	11
Anonymous tip or inquiry	10
Vendor tip or inquiry	8
Notification by governmental regulatory agency	4
Specific investigation by patron	3
Notification by law enforcement agency	3
Total	536

its, which feel that their charitable mission provides unique protections.

But as our study indicates, this doesn't seem to be the case. There are significant differences between those organizations that experienced fraud and those that didn't. In particular, nonprofits that experienced fraud significantly improved their internal controls after the fraud by increasing the frequency of beneficial financial practices. After the improvements, these nonprofits more closely resembled those organizations that didn't experience fraud. Fraud is costly, both financially and nonfinancially. Good internal controls can reduce the occurrence of fraud and, if fraud occurs, can help discover the incident. **SF**

FURTHER READING

- W. Steve Albrecht, Chad O. Albrecht, Conan C. Albrecht, and Mark F. Zimbelman, *Fraud Examination and Prevention*, 5th ed., Cengage Learning, Boston, Mass., 2014.
- Association of Certified Fraud Examiners (ACFE), Report to the Nations on Occupational Fraud and Abuse, 2014, www.acfe.com/rttn/docs/2014-report-to-nations.pdf.
- Committee of Sponsoring Organizations of the Treadway Commission (COSO), Internal Control–Integrated Framework, 2013, www.coso.org.
- Donna Dietz and Herbert Snyder, "Internal control differences between community health centers that did or did not experience fraud," *Research In Healthcare Financial Management*, January 2007, pp. 91–102.
- Independent Sector, *The Sector's Economic Impact*, www.independentsector.org/about/the-charitablesector.
- PricewaterhouseCoopers (PwC), Global Economic Crime Survey 2016, www.pwc.com/gx/en/services/advisory/ consulting/forensics/economic-crime-survey.html.
- Urban Institute, The Nonprofit Sector in Brief 2014, www.urban.org/sites/default/files/alfresco/ publication-pdfs/413277-The-Nonprofit-Sectorin-Brief-.PDF.

Herbert Snyder, Ph.D., is professor of accounting and chair of the Accounting, Finance and Information Systems Department at North Dakota State University (NDSU) in Fargo, N.D. You can reach him at **herbert.snyder@ndsu.edu**.

Margaret Andersen, Ph.D., is a professor of accounting at NDSU. You can reach her at **margaret.andersen@ndsu.edu**.

Jill Zuber, Ph.D., is an assistant professor of accounting at NDSU. You can reach her at jill.zuber@ndsu.edu.