

## S.M.A.R.T. LONG-TERM GOAL SETTING

Use this worksheet as a guide to assist you as you set a specific goal and to help you understand what will be required to reach that goal. Remember if you have a long-term goal such as buying a car, you may need to work on short-term related goals such as getting a job or learning to drive. You may need to complete several worksheets for short-term goals before you have accomplished your long-term goal.

**My Specific Long-Term Goal & When I Will Achieve It:** I will complete my bachelor's degree <sup>in computer science by 2020</sup> when I finish this program.

\*This goal is important to me because... I want to get a good job, with good pay, working conditions, and benefits.

\*To meet my long-term goal, the first thing I need to do is... achieve A, B or better in all of my courses.

\*To meet my long-term goal, the second thing I need to do is... use writing center and math lab to help me through the courses that pose the most difficulty for me.

\*To meet my long-term goal, the third thing I need to do is... Do all my assignment and attend my classes. But it will be up to me to register each semester for my class.

\*Other things I may need to do to achieve this goal are... An academic adviser can provide me with a course plan.

\*Barriers or obstacles that might prevent me from realizing my goal may be... to be procrastination.

\*I will overcome these barriers by... Get feedback from the receiver and understand others see things differently to me.

\*Who can help you stay on the path to achieve your goal? My instructor and the sidekick.

\*How will you deal with the distractions that prevent you from reaching your goal? My goal be known. Also, patience and focus.

\*I will know that I have reached my goal when... I graduated from bachelor's degree.