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**AN ETHICAL AUTOBIOGRAPHY**

**Introduction**

I grew up in a humble family which had a background that taught me the way of life. Nothing wrong went unpunished in the society that I grew up in. people used to teach the young ones how to live and trod in a modern, true and a decent way. The old used to live right to act as the role models for the young people. Some history was usually passed to the young generation through various Medias like church forums, television, reading materials like story books and novels, and storytelling to the young people to help them learn from the past.

When my elder friends committed a crime that was not in the way of the society, many were often punished by their parents or guardians and the teachers since they were the ones responsible. This helped in curbing such incidents not to happen again and making the young ones to fear the wrath. Community, church, youth and government organizations organized special forums for the little kids, teenagers, the youth and the old to educate, engage, curb and help the society to produce good and valuable people in the society. The children were educated through entertainment, schooling, fun and religious activities to help instill good values in them and also help the kids improve and maintain some good discipline. I grew up in this kind of teaching, experience and environment.

It is important to note that living according to what you have learnt and what you think is right is not an easy task bearing in mind that there are a lot of temptations that come your way and peer influence too. I remember one time my friends sneaked out of the school compound and they wanted me to accompany them too. I declined to accompany them since I knew that this was a wrong thing to do despite the consequences that we would all face after being caught by the school administration. We have to make a choice of whether to do the right thing or the wrong thing. The rest of the students who later sneaked out of the school compound were later caught and they had to face the music. There were those who later changed their minds after I had declined to join them. They did so after I had reasoned out with them for a while. I had acted as a role model and such situations gave me some morale to continue being good.

When I was in junior school, my religious and social education teacher quoted a bible verse that is among the Ten Commandments. She insisted to us that there was that commandment had a promise in the Christian religious education. The commandment outlined that if one was obedient to his parents he or she would live long as a reward from God according to the Christian faith. Such education always encouraged and taught me to always be a good person. Religion was one of the key factor that made me choose to be good, cooperative and a good son. Both my parents and teachers use to love me just because I had some discipline which many students that I schooling with did not have. We were also taught the benefits of loving and being at peace with people. My teacher also taught me that a person should love others as he loves himself. If a person loves others he or she should not be selfish and he is supposed to do his work to his best.

The reasons that made me feel that I was a good person were that a teacher would complement me in front of other students by telling them that they should be good people like I was or that they should emulate the good traits that I had. The second reason that made me feel I was good was the fact that some students were jealous of the many favors that I would come across in school because of my discipline. I could at times accompany students in my school to various trips out of school even though I was not participating in the activities that had taken them to that school trip. Another reason was the fact that my parents could receive a lot of good complements from other parents about me. One of the complement being that I never fell to the traps of peer influence and I was always responsible in many ways.

Being a good person does not only mean doing good things to and for others. But the person has to accept and love himself before putting out a positive energy out to the universe. Being good is also accompanied by a lot of sacrifice and need to help those that are in need. Kindness is another virtue that comes with the act of love. I learnt some tips on helping oneself to be a better person.

1. Improving one – an individual has to determine what being a good person means to himself. Being a good person does not only mean not doing harm to another person and it is not only what one does not do but what one does for others. Being a good person also means helping yourself as you help others. Helping oneself might have a broad meaning but the basic meaning is equipping yourself with knowledge that will help you how to live right and sharing the knowledge with others. Someone has to decide what he or she believes a good person is made up of. One has to know his ideal person: which is recognizing what you believe a good person is made up of and giving without expecting something in return or wanting to look good before others.
2. Choosing a role model – having a role model helps oneself to have an example of someone one can correspond to. The role model is supposed to have traits that inspire me and helping me think of ways to help me to represent the qualities I admire. One should think of how to apply such qualities in his place of work and life. It is also important to keep a role model next to you since he is like your mentor and having a friendly spirit at your side will always keep one inspired and motivated.
3. Stop comparing myself with others – this is important because it is important to understand that some people have it better than you and others have it worse than you. It is a waste of time to compare yourself with others because instead that time could be used to build one inner resources.
4. Loving oneself and being yourself. – loving myself in every way and being myself in all aspects will help me to be original.

There are some events in my life that helped me to be a better person. For instance in my childhood, the community that I lived in many youths ended up being drug addicts, gangsters and immoral in general apart from the few who were good. It was difficult in some dimensions for the community to fight this problem because there was many media and peer influence for the youths and the teenagers to end up like this. The various organizations that were involved in helping the youths to not indulge in the various bad activities ones stated that these youths lacked a purpose in life. They encouraged teenagers to have purpose in life to avoid ending up like the others.

During the adolescent period many teenagers dropped out of school due to factors like teenage pregnancies, drugs and teenage influence. Some later suffered from hard labor jobs because out of school many of them had to look for an alternative to help them get their basic needs. These two occurrences made me think big and made me to focus on my education for a better future. The time that I had spent in school helped me to get along well with others and doing the right thing at the right time and achieving good grades too which was brought about by my discipline and responsibility therefore bearing success. My parents were financially stable I bought them presents, I paid for their meals and drinks they looked on me as a good person.

I had some role models in life that had challenged me to be a better person. Some of these role models were also my heroes. For example, in our society there were those who had gone through their basic education and college levels and acquired good jobs. There were also those who had just taken their basic education. Both groups motivated me because they did put pressure to their children to also have a better education. The heroes to according to me were those that went through thick and thin to provide for their families basic needs like education. Our parents made sure that we were disciplined at home and in school and that, we were attaining good grades in school. Since my parents were highly educated, they pushed me to learn more.

I had friends and relatives that lived around where we used to live. They always said positive things about life and encouraged those who seemed to give up on life hope. I always listened to them keenly and many times they made me responsible of the projects they brought in our schools and community since they found me to be the most responsible one in my age group. I could see from the other students that they were very determined to be given such a post but due to their characteristics they were not elected to such posts.

Being good brings about problems too let alone rewards. When a person is good the society may decide to take his kindness for weakness. The good things that a person does may be taken advantage of and jealousy people may try to bring the person down. Another problem that may be brought about by a person being good is that people may assume his goodness. This may be seen when you do good to people and they don’t recognize the good things you do to them even if it is not a must for them to recognize. Others may not appreciate the good things you did to them. It may be so because they may think that you want some benefits in turn after doing the good thing. Since doing a good thing one does out of his heart, other people may think that you do good thing because you want something in return.

The media characters that I had grown up watching did not motivate me a lot because most of them were there just to act. Maybe the role that they played did not reflect on who they really were. My parents motivated me in life since each time they asked me whom I wanted to be, they coached and mentored me to be whom I wanted to be. They were my heroes too since they helped me achieve what I wanted through their support and dedication.

I never used to play video games but I used to watch cartoons a lot. At least some cartoon characters in the cartoon films had some impact in my life. For instance, some did god deeds and I later came to understand that these deeds used to pay off. I remember when one character used to be good to others but they usually took his kindness to be his weakness. After some time the individual later came to get a bigger reward by being crowned a leader in the society that he used to live in because of his good traits though he never acted to be good so that he could get that reward.

Some played the role of being bad which later took a negative effect in their lives. A leader of a society used to kill his subjects who usually were on the wrong side of the law. Killing them was not the best remedy to solve the issues that affected the community. Later on, he had killed many people that the community started hating on him. He could subject his subjects to murder for just trying to correct on what they thought he was doing wrong to them. The king was later executed in front of his subjects for killing his subjects. This discouraged me not to be a bad person in life.

The topics of sexual immorality, personal development, equality and discrimination and economic justice were relevant to me as I grew up to be a good person. Equality and discrimination is all wrong because a person who practices this is very corrupt. Nepotism, tribalism and gender equality is some of the examples which does not encourage the fact that humans are one. We should respect other people so that they can respect us despite of their backgrounds. A good person is that person that does not engage in sexual immorality for many reasons that may have effects like prostitution, teenage pregnancies, and sexually transmitted infections. A good person should stay away from such bad deeds. Personal development is very important because one is able and supposed to grow himself up to be a better person.