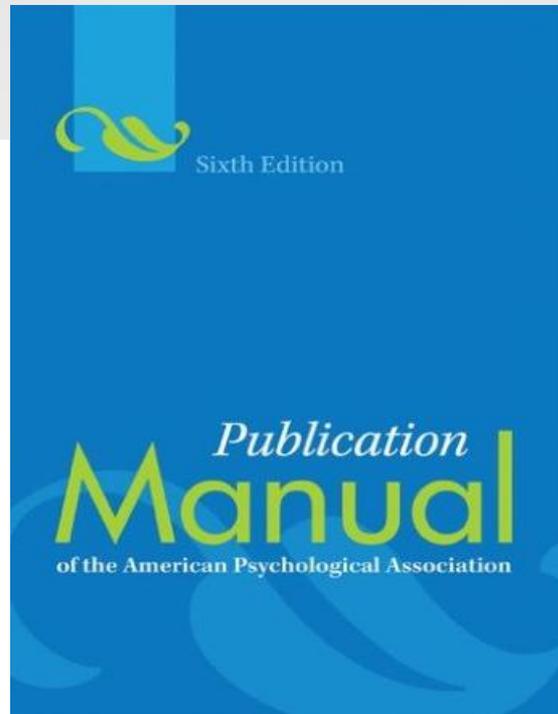


# BREAKING DOWN APA



Created by  
**Shelley Watkins-Parker**  
&  
Updated October 2010 by  
**Roshaunda D. Cade**

# Citing Sources

- Always cite a source when paraphrasing or quoting someone else's work.
- Citations should be made within the text or at the end of a sentence.
- When citing a source with multiple authors use et al.

# Within Text Citations

Citations can be done as part of the sentence or at the end of the sentence.

- Part of the sentence

*Walker(2007) compared reaction times. . .*

- End of the sentence

*A recent study found different reaction times. . .  
(Walker, 2007).*

# Using Et al.

**Et al. is used when there are more than two authors.**

- With three to five authors, always represent all of the authors the first time they are cited.  
*Wasserstein, Zappulla, Rosen, Gerstman, and Rock (1994) found...*
- Use et al. for all subsequent citation.  
*Wasserstein et al. also discovered. . .*
- With six or more authors, use et. al. the first and every subsequent time the citation is made.
- All authors should be used in the reference section.

## Citing a Source Within a Source

- When referencing a statement made by an author in another source, it is best to list the author within the text.
- The source should be listed at the end of the text.
- In the reference section only the source is to be listed.
- Example  
*Kipling stated. . .(as cited in Sage & Long, 2006).*

# Reference Page

- Sources should be alphabetized.
- Use reverse indentation.
- Different types of sources have different rules.

# Books

- Book with one author

Beah, I. (2007). *A long way gone: Memoirs of a boy soldier*. New York: Sarah Crichton Books.

- Book with multiple editions

Lunsford, A. A., Ruszkiewicz, J. J., & Walters, K. (2004). *Everything's an argument with readings* (3<sup>rd</sup> ed.). New York: Bedford/St. Martin's.

# Journal Article

- Journal article with date

Krebs, D. L. & Denton, K. (2005). Toward a more pragmatic approach to morality: A critical evaluation of Kohlberg's model. *Psychological Review*, 112(3), 629-649.

# Electronic Sources

- Journal Article with DOI (as cited in APA, 2010, p. 198)

Herbst-Damm, K. L., & Kulik, J. A. (2005). Volunteer support, marital status, and the survival times of terminally ill patients. *Health Psychology, 24*, 225-229. doi:10.1037/0278-6133.24.2.225

- Journal Article without DOI (as cited in APA, p. 198)

Light, M. A., & Light, I. H. (2008). The geographic expansion of Mexican immigration in the United States and its implications for local law enforcement. *Law Enforcement Executive Forum Journal, 8*(1), 73-82.

# Parts of a Paper

**There are four basic parts of an APA paper.**

- Title page
- Abstract
- Body of the paper
- Reference page

# Title Page

**Every title page should contain a page number, running head, title, byline, and institutional affiliation.**

- Running Head

The words “Running head” should be left adjusted and followed by a colon. An abbreviated version of the title should follow the colon and be in all capital letters.

- Page Number

The page number should be right justified.

- Title

The title should be centered and roughly 10 lines (or just shy of midway) down the page.

- Byline and Institutional Affiliation

These should appear below the title and centered.

# Example of Title Page

Running head: SAMPLE APA PAPER

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Sample APA Paper for Writing Center Workshop

Roshaunda D. Cade

Webster University

# Abstract

- The abstract should appear on the second page.
- The word “Abstract” should be centered at the top of the page.
- The abstract should contain between 120 and 250 words and be in block paragraph form.
- It should contain a summary of the contents of the paper.

## **Body of Paper**

- Levels of Heading

- Level 1

**Centered, Boldface, Uppercase and Lowercase Heading**

- Level 2

**Flush Left, Boldface, Uppercase and Lowercase heading**

# Example of a Reference Page

SAMPLE APA PAPER

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## References

Beah, I. (2007). *A long way gone: Memoirs of a boy soldier*. New York: Sarah Crichton Books.

Herbst-Damm, K. L., & Kulik, J. A. (2005). Volunteer support, marital status, and the survival times of terminally ill patients. *Health Psychology, 24*, 225-229. doi:10.1037/0278-6133.24.2.225

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# APA Help

## Recommended resources for APA assistance.

- APA manual 6<sup>th</sup> edition
- [www.APAstyle.org](http://www.APAstyle.org)

- Refworks

<https://www-refworks-com.library3.webster.edu/Refworks/login.asp?WNCLang=false>

- Eastern Washington University Research Tutorial

<http://support.library.ewu.edu/reference/tutorial/flash/citation.html>

## References

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: American Psychological Association.