**Assignment on Mental Health**

Question: Using the Kashinath ROLE implementation checklist below as a framework, discuss how the implementation of the ROLE practices can strengthen family resilience and enhance the five family outcomes identified above.**Write 600 words on this>**

**Five recommended outcomes**

(1) understand their child’s strengths, abilities, and special needs;

(2) know their rights and advocate effectively for their children;

(3) help their child develop and learn;

(4) have support systems;

(5) access desired services, programs, and activities in their community

**Kashinath role implementation check list**

o Encourage family/caregivers to share their questions, ideas,

interests and gather update

o Listen to and respond to family priorities and concerns

o Support caregiver to set agenda and identify outcomes to target for visit

o Emphasize/explain importance of caregiver role in teaching and learning in everyday activities Observation and Opportunities

o Observe child’s interaction with family/caregiver prior to coaching/offering suggestions o Focus caregiver attention on child’s behaviour and share development information

o Jointly identify opportunities within preferred routines to embed IFSP outcomes

o Support contextual match between routine, caregiver, outcome, and strategy Learning

o Incorporate general and specific coaching with caregiver during practice, including performance feedback to ensure success with intervention strategies

o Problem solve and reflect on identified intervention strategies

o Plan for intentional embedding of interventions in diverse family routines and activities o Identify strategies to monitor and document child participation and development Evaluation

o Gather data from multiple sources to identify next steps and action plan. Facilitate caregiver’s review of action plan to ensure a deeper understanding

o Encourage caregiver to identify successes and challenges through self-assessment and reflection

o Support self-evaluation and adjustments of caregiver strategy implementation through problem solving and discussion

o Monitor implementation of practices to promote collaborative relationships with caregivers, embed intervention in family preferred routines and activities, and prioritize family and child outcomes