**[Discussion Forum: The Mean Value Theorem for Integrals](https://lms.grantham.edu/webapps/blackboard/content/launchLink.jsp?course_id=_7121_1&content_id=_383310_1&mode=view)**

Watch: <http://www.youtube.com/watch?v=98gaME1KVDw>  and/or view: <http://www.sosmath.com/calculus/integ/integ04/integ04.html>

Explain the Mean Value Theorem for Integrals. Find an example of an integral not used in the lessons and demostrate that the MVT is true for that integral.