Southern New Hampshire University

IDS 402 Milestone Two Guidelines and Rubric

For your final project, you will devise a plan of action for addressing a health and wellness issue of your choice, and you will create a presentation to communicate your plan.

For this milestone, submit a two- to three-page outline of your final project presentation. Think of it as a script with notes to help add context to the points you will be making. It does not need to use complete sentences or paragraphs, but it should contain enough detail to allow your instructor to offer you some feedback. Note that this outline, with revisions, can serve as your speaker notes for the final project submission.

Your outline should be based on the critical elements listed below (from the Final Project Guidelines and Rubric document). Note that these are not in any particular order; they can be constructed in your presentation in any configuration.

I.   **Introduction**: For this part of the assessment, you will examine the role of wellness in society and how it influences aspects of culture and the individual. To help guide your analysis, you will explore a topic that has been discussed in this course (factors that support or challenge wellness, wellness through the lens of different disciplines, and so on).
   A.   Analyze how **social practices** have shaped our idea of wellness and how that idea of wellness has shaped social practices.
   B.   Utilizing interdisciplinary approaches, explain how a topic discussed in this course has or has not shaped our **idea of wellness**.
   C.   Analyze how the importance (or lack thereof) of wellness and health in society has been a **force for social change**. In other words, has an emphasis or lack of emphasis on wellness in society sparked change in the everyday behavior of individuals or societies?
   D.   Analyze how wellness has influenced the behaviors and operations of individuals in your **discipline of study** or area of interest. In other words, look at the influence of wellness through the lens of your discipline.
   E.   Utilizing interdisciplinary approaches, explain the **positive and negative aspects** associated with a topic that has been discussed in this course. Using relevant research or diverse perspectives, assess how **emerging technologies** have the potential to improve personal and societal wellness.

II.   **Issue**: For this part of the assessment, you will introduce the issue and how it relates to wellness and any of the topics that have been discussed in the course.
   A.   Using appropriate research strategies, describe a **social or global issue** that is related to wellness.
      1.   What is the origin of the issue?
      2.   What is the issue about?
   B.   Using appropriate research strategies, describe the **target population** of the issue.
      1.   Who is impacted by the issue?
      2.   What is important to know about them?
   C.   Using appropriate research strategies, explain how the chosen issue relates to a **topic** that has been discussed in this course.
      1.   In other words, how can you connect the social or global issue you have chosen with a topic that has been discussed in this course?
      2.   How does it inform your understanding of the issue?
   D.   Using relevant research or diverse perspectives, assess how the chosen issue is **impacting** the target population.
   E.   Utilizing interdisciplinary approaches, **predict** how the chosen issue will or will not change in the future. Be sure to justify your prediction.

III. **Plan**: For this part of the assessment, you will offer recommendations and a plan to improve the issue, as well as strategies for implementing your plan.
    A. Make **recommendations** for how the current issue could be addressed so that it no longer adversely affects the target population.
        1. What strategies or steps could be taken to help the individuals who are adversely affected by the chosen issue?
        2. How could these recommendations be implemented so that a new population is not adversely affected?
    B. Explain the **strategies** that could be utilized to address the chosen issue.
    C. Imagine you are in charge of addressing your chosen issue. Utilizing interdisciplinary approaches, explain how you would **implement** your plan.
    D. Explain the **benefits** of your plan and justify why your plan would be preferable. Be sure to support your justification with relevant research or individual perspectives.

Guidelines for Submission: Your outline should be submitted as a two- to three-page document with double spacing, 12-point Times New Roman font, and one-inch margins. Sources should be cited according to APA style.

Instructor Feedback: This activity uses an integrated rubric in Blackboard. Students can view instructor feedback in the Grade Center. For more information, review these instructions.

Critical Elements	Proficient (100%)	Needs Improvement (75%)	Not Evident (0%)	Value
Introduction	Effectively addresses the required components of the Introduction section, supported by appropriate interdisciplinary approaches	Addresses the required components of the Introduction section but does not provide support using interdisciplinary approaches or fails to select an appropriate interdisciplinary approach	Fails to effectively address the required components of the Introduction section	15
Issue	Effectively addresses the required components of the Issue section, supported by appropriate interdisciplinary approaches	Addresses the required components of the Issue section but does not provide support using interdisciplinary approaches or fails to select an appropriate interdisciplinary approach	Fails to effectively address the required components of the Issue section	15
Plan	Effectively addresses the required components of the Plan section, supported by appropriate interdisciplinary approaches	Addresses the required components of the Plan section but does not provide support using interdisciplinary approaches or fails to select an appropriate interdisciplinary approach	Fails to effectively address the required components of the Plan section	15
Level of Detail	Provides an appropriate amount of detail, allowing the reader to understand the major points of the analysis and supporting material	Provides some detail, but the reader may struggle to understand some of the major points of analysis and supporting material	Includes an inadequate amount of detail, undermining the reader's ability to understand the major points and supporting material	15
Use of Academically Appropriate Evidence and Resources	References at least three specific pieces of academically appropriate evidence and/or resources, including at least three separate disciplines, to support the central actions	References pieces not directly related to academically appropriate evidence and/or resources or fails to meet the minimum of three separate disciplines to support the central actions	Does not include evidence and/or resources, or those selected are not academically appropriate, and/or does not include at least three separate disciplines	15

Organization of the Outline	Submission is well organized and lends itself to a cohesive presentation that will flow effectively	Submission has some organization issues that interfere with the flow of the presentation	Submission suffers from major organizational issues that will interfere with the overall flow of the presentation	15
Articulation of Response	Submission is free of major grammatical, syntax, or spelling errors	Submission contains minor grammatical, syntax, or spelling errors that interfere with understanding the meaning	Submission contains major grammatical, syntax, or spelling errors that interfere with understanding the meaning	10
			Earned Total	**100%**

Rubric Annotations

Term	Definition
Organized	Presentation is clear and cohesive, particularly for the audience; begins with a broader view of the topic and then narrows the focus.
Evidence	Supporting research or perspectives are incorporated into the presentation and support the message of the presentation.
Flow	Audio elements emphasize the key ideas of the speech and flow cohesively with the accompanying presentation.