

Intake Form

Client: Luz Acosta

Date: 10/30/12

Presenting Problem:

Luz is a 75 year old widow who reports loneliness, alienation from her family, and no friends within her community which is predominately Jewish while she is a Cuban American. Additionally, she utilizes a wheelchair as her mobility is very limited.

How Client Presented in the Interview:

Luz presented as vacillating between tearful sadness and anger. She was very well dressed and had outstanding grooming. It is not known if she dresses this way all of the time or because the human service professional had an appointment with her. On one hand Luz seems very lonely but on the other she pushes others away from her, finding fault with everyone.

Client's Expressed Goals, Expectations, Requested Services:

Luz did not express any goals. She noted loneliness and seemed unhappy about this but resisted outreach by others. Luz's aides did not meet her expectations and she requested having a Cuban girl to assist her rather than the aides she currently has.

Additional Relevant Information:

Luz is alienated from her son and his wife, primarily as she notes because she feels her son has married beneath him. She had a fight with a brother, and they have not spoken for several years. She sums up the neighbors as liars and thieves even though some of them appear to be listed in her phone book.

Luz is very meticulous about her appearance, so she has pride in self.

Impressions and Recommendations:

Luz appears to be a very lonely woman who perhaps has unresolved grief issues regarding the loss of her husband. By pushing others away, Luz will not be hurt by any future loss.

Some recommendations include: grief counseling with Luz, assisting her with exploring a reconnection with her family, exploring activities within the apartment community where she might participate, connecting Luz with the Cuban-American community, obtaining Luz's medical information (only if Luz authorizes) as she may need a physical to see if there are any medical conditions impacting her attitude and behavior.

Human Services Professional Signature: *Jane A. Smith*