Health History Worksheet

*This worksheet is used to assist the student in gathering and organizing information when conducting a health history.*

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| **Family Member** | **Description** |
| Paternal grandfather  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Paternal grandmother  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Father  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Father’s siblings- Summary of any significant health issues |  |
| Maternal grandfather  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Maternal grandmother  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Mother  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Mother’s siblings- Summary of any significant health issues |  |
| Adult Participant  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Adult participant’s siblings Summary of any significant health issues |  |
| Adult participant’s spouse/significant other  First and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Adult participant’s children- Up to 4 children |  |
| Child #1 first and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Child #2 first and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Child #3 first and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |
| Child #4 first and last initials: |  |
| Birthdate: |  |
| Death date: |  |
| Occupation: |  |
| Education: |  |
| Primary language: |  |
| Health summary: |  |

An example

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| ***Family Member*** | ***Description*** |
| *Paternal grandfather*  *First and last initials:* | *RL* |
| *Birthdate:* | *1921* |
| *Death date:* | *1981* |
| *Occupation:* | *Retired as a coal miner* |
| *Education:* | *6th grade* |
| *Primary language:* | *English* |
| *Health summary:* | *He was diagnosed with chronic lung disease, diabetes, and hypertension. He died from a heart attack.* |
| *Paternal grandmother*  *First and last initials:* | *ML* |
| *Birthdate:* | *1932* |
| *Death date:* | *1998* |
| *Occupation:* | *House wife* |
| *Education:* | ***Does not want to disclose*** |
| *Primary language:* | *English* |
| *Health summary:* | *Diagnosed with chronic lung disease from smoking cigarettes. Died from heart failure.* |

This example points to common problems among this generation on both sides of the Adult Participant’s family. Consider the potential implications this would have for the Adult Participant’s health status.