Sensation and Perception

**Introduction**

As human beings, we have sensory organs that help us to lead a normal life. It may look usual to someone who has all the senses functioning normally. However, it poses some challenges to those who have the senses functioning, and they start to get faint. It is common for old people to have the senses waning as they age. They experienced a different kind of life, and they find that there are things that they cannot do.

Hearing

Once the cotton muffs are in place, there is a continuing sound in the years. The sound reduces the hearing efficiency. Although you can still hear, it is like the sound is coming from a faraway place. Additionally, it is hard to hear the sound if it is not coming right in front of you. Therefore, if someone is behind you and is trying to communicate, it will be difficult to hear them. Doing the4 normal things becomes difficult. For example, watching the television will be difficult as hearing the sounds becomes almost impossible. Alternatively, if you want to understand the voices of the sounds, the volume will have to be very high. Under normal circumstances, such volume would hurt the ears.

**Vision**

The translucent material immediately changes the way the eyes work. It is possible to feel that the eyes are straining. The amount of light has reduced, and it becomes difficult to see images clearly. However, as the eyes stay longer in such a situation, they start getting used and the strain that was there reduces. The image also starts to be clearer although they are still blurred. Taking part in such activities such watching the television becomes hard. Before the eyes can get to understand what the image is, the scene has changed.

**Touch**

Wearing of gloves changes the texture of objects we touch every day. Besides, it also difficult to handle items we do under normal circumstances. After putting the gloves on, dropping the items is common as there is the assumption that the senses are the same. However, there is the realization that they are not working normally. As a result, I find that am holding them tighter than usual to prevent them from falling.

**Thoughts and feelings**

While in the situation of the senses altered, you cannot help but think of how life would be without these senses. It becomes easy to understand how they are important to us though we take them for granted. In fact, when each of them is altered, there is the feeling of desperation and frustration.