

**Written Assignment for Unit One**

- Include your **name, student number, course number, course title and unit number** on *each page* of your written assignment (this is for your protection in case your materials become separated).
- Begin each written assignment by identifying the question number you are answering followed by the actual question itself (in bold type).
- Use a standard essay format for responses to all questions (i.e. an introduction, middle paragraphs and conclusion).
- Responses must be submitted as a MS Word Document only, typed double-spaced, using a standard font (i.e. Times New Roman) and 12 point type size.

Word count is NOT one of the criteria that is used in assigning points to written assignments. However, students who are successful in earning the maximum number of points tend to submit written assignments that fall in the following ranges:

Undergraduate courses: 350 - 500 words or 1 - 2 pages.  
Graduate courses: 500 - 750 words or 2 - 3 pages.  
Doctoral courses: 750 - 1000 words or 4 - 5 pages.

**Plagiarism**

All work must be free of any form of plagiarism. ***Put written answers into your own words.*** Do not simply cut and paste your answers from the Internet and do not copy your answers from the textbook. Be sure to refer to the course Syllabus for more details on plagiarism and proper citation styles.

Please answer **ONE** of the following:

1. Describe the stages of psychoanalysis.
2. Describe how Self Psychology is different from the other three types of neoanalytical theories.
3. Discuss Adler's ideas about birth order.

**Written Assignment for Unit Two**

- Include your **name, student number, course number, course title and unit number** on *each page* of your written assignment (this is for your protection in case your materials become separated).
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**Please answer ONE of the following:**

1. What are the necessary and sufficient conditions of therapy, according to Person Centered therapy? What does the research tell us about these conditions?
2. Evaluate Existential Theory's utility for clients who are of diverse backgrounds. What are its strengths and potential pitfalls?
3. Describe how you might use modeling procedures in helping a client learn a specific social skill.

**Written Assignment for Unit Three**

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**Please answer ONE of the following:**

1. Discuss the ABCDE model using a client example.
2. What are the basic human needs, according to Reality Therapy? Which is most important and why?
3. Describe William Glasser's views on assessment and diagnosis.

**Written Assignment for Unit Four**

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- Use a standard essay format for responses to all questions (i.e. an introduction, middle paragraphs and conclusion).
- Responses must be submitted as a MS Word Document only, typed double-spaced, using a standard font (i.e. Times New Roman) and 12 point type size.

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**Please answer ONE of the following:**

1. Describe the differences between open and closed family systems and give an example of each.
2. Describe Visitors, Complainants, and Customers. Why, according to Solution Focused Therapists, is it not a good thing if your client is a Visitor?
3. Evaluate Narrative Therapy's utility for clients who are of diverse backgrounds. What are its strengths and drawbacks?