Week 3 Learning Resources

This page contains the Learning Resources for this week. Be sure to scroll down the page to see all of this week's assigned Learning Resources.

Required Resources

> **Note:** To access this week's required library resources, please click on the link to the Course Readings List, found in the **Course Materials** section of your Syllabus.

Readings

- **Course Text:** Cervone, D., & Pervin, L. A. (2016). *Personality: Theory and research* (13th ed.). Hoboken, NJ: John Wiley & Sons, Inc.

    - Chapter 5, "A Phenomenological Theory: Carl Rogers's Person-Centered Theory of Personality" (pp. 143–165)

    - Chapter 6, "Rogers's Phenomenological Theory: Applications, Related Theoretical Conceptions, and Contemporary Research" (pp. 167–198)

        Review these chapters of the text to support your Discussion post and Assignment in Week 3. Also note that the Week 3 Test for Understanding is based on the material in these chapters.

- Goldfried, M. R. (2007). What has psychotherapy inherited from Carl Rogers? *Psychotherapy: Theory, Research, Practice, Training, 44*(3), 249–252.
  Retrieved from the Walden Library databases.

    Read this article on Rogers' influence on the practice of therapy to expand your understanding of his ideas and contributions to the field of psychology.

Websites

- Boeree, C. G. (2006). *Personality theories: Abraham Maslow*. Retrieved from http://webspace.ship.edu/cgboer/maslow.html

- Boeree, C. G. (2006). *Personality theories: Carl Rogers*. Retrieved from http://webspace.ship.edu/cgboer/rogers.html

These websites profile the two humanistic theorists featured this week. Access and read each profile to prepare for your Assignment in Week 3. The profile of Rogers can also support your Week 3 Discussion post.

- Boeree, C. G. (2009). *Personality theories: Sigmund Freud*. Retrieved from http://webspace.ship.edu/cgboer/freud.html

    Note: You used this web profile in Week 2 for information on Freud. Review it again to support your Week 3 Discussion post.

- Seidman, G. (2015, July 2). *Close encounters: What can you learn about people from Facebook?*

[Web log post]. Retrieved from https://www.psychologytoday.com/blog/close-encounters/201507/what-can-you-learn-about-people-facebook

Read this online blog from the publication *Psychology Today* to help support your Discussion post in Week 3.

Media

- TED (Producer). (2010). *Chip Conley: Measuring what makes life worthwhile* [Video file]. Retrieved from http://www.ted.com/talks/chip_conley_measuring_what_makes_life_worthwhile.html (17:40)

  Chip Conley, hotel founder and author, reflects on Maslow's theories and explains his own interpretation. View the presentation to support your Week 3 Assignment.

Optional Resources

- Qiu, L., Lu, J., Yang, S., Qu, W., & Zhu, T. (2015). What does your selfie say about you? *Computers in Human Behavior,* 52, 443–449. Retrieved from http://www.ntu.edu.sg/home/linqiu/publications/selfie.pdf

- Slaughter, S. (2015, December 12). Text me? Ping me? Communications overload in the digital age. *The New York Times*. Retrieved from http://www.nytimes.com/2015/12/13/style/text-me-ping-me-communications-overload-in-the-digital-age.html?_r=0

Note: Although not required reading, you may choose to use one or both articles to help prepare your Discussion post.

- PBS. (n.d.). *WWI casualty and death tables*. Retrieved from https://www.pbs.org/greatwar/resources/casdeath_pop.html

  This resource informs the World War I statistics cited in the Discussion introduction to influences on the times in which Sigmund Freud lived. You may choose to review this resource for additional context in understanding the significance of World War I in the time period in which Freud worked.

With these Learning Resources in mind, please proceed to the Discussion.