

Examine the four criteria for abnormal behavior (statistical infrequency, disability or dysfunction, personal distress, and violation of norms) using the textbook, Wiley Media site, and the ITT Tech Virtual Library.

Complete the following:

- In your own words, define what "normal" and "abnormal" mean.
- Locate and provide two scientific definitions of abnormal behavior—from the textbook, through online research, from a dictionary, or from any resource in the ITT Tech Virtual Library.
- Describe the four criteria to be met for behavior to be considered abnormal and provide an example of each.
- Discuss the need for multiple criteria and explain why one criterion is not enough to accurately classify abnormal behavior or a psychological disorder.
- Can you think of any behavior you exhibit that might be considered abnormal if your own cultural norms were not taken into account?
- Cite all sources used in the APA format, including at least three in-text citations from each source and a References page.

### **Submission Requirements:**

Submit your responses in a Microsoft Word document of the following specifications:

- Font: Arial, Size: 12 point
- Line Spacing: Double
- Length: 500 words
- Citation Style: APA. Refer to the sample APA title page given in the handout titled "[APA Title Page Format](#)."

### **Evaluation Criteria:**

Your submission will be evaluated against the following criteria using the [research rubric](#):

- Did you define the terms normal and abnormal, in your own words?
- Did you provide two scientific definitions of abnormal behavior?
- Did you describe the four criteria used to classify behavior as abnormal and explain why these are needed?

- Did you provide a personal example of a behavior that might be considered abnormal when removed from your cultural context?
- Did you find a minimum of three credible sources?
- Do you incorporate helpful information from each of the sources?
- Did you cite the sources correctly, using APA format?
- Does your assignment meet the minimum word requirement (500 words)?